

## Suggested Readings and Informational Websites

### Unanticipated Death

- *Acquainted with Grief*. C. Rose. The author describes her own efforts to recover from the profound grief in response to the death of her son by suicide.
  - *After Suicide*. J.H. Hewett. (1980). Westminster Press. Discusses how to live as a survivor of suicide, how to explain the event to children, and how to reconcile the death with religious beliefs.
  - *Gone Without a Trace*. M.D.Caldwell. (1995). Elder Books. Provides unique insight into the profound pain endured by families of missing persons.
  - *Healing after the Suicide of a Loved One*. A.Smolin & J. Guinan. (1993). Simon & Schuster. Direct and honest regarding the emotional responses to a death by suicide as well as offering support, hope and permission to go on with life.
  - *Living with Grief after Sudden Loss: Suicide, Homicide, Accident, Heart Attack, Stroke*. Edited by K.J. Doka. (1996). Hospice Foundation of America.
  - *My Son, My Son: A Guide to Healing after a Suicide in the Family*. I.Bolton. Bolton Press. A classic book on suicide; relates the author's story of the death by suicide of her son.
  - *No Time for Goodbyes*. J.H.Lord. A helpful book about coping with the sorrow, anger and injustice of homicide and violent death.
  - *Silent Grief*. C.Lukas & H.M. Seiden. (1997). Jason Aronson .
- 
- American Foundation for Suicide Prevention [www.afsp.org](http://www.afsp.org)
  - Monitored online support groups [www.griefnet.org](http://www.griefnet.org)
  - American Association of Suicidology [www.suicidology.org](http://www.suicidology.org)